



## **Monthly Newsletter – February 2026**

Dear Families and Friends,

We hope you are well. February has been a positive and engaging month at Fourways Residential Home, with a strong focus on wellbeing, creativity, and community spirit. We were pleased to conduct special exercise sessions for our residents with the support of NHS professionals, promoting mobility, strength, and overall health. Alongside this, residents remained actively involved in a variety of meaningful activities including painting, decorative craft work, group puzzles, and lively group dancing sessions, all of which brought great enjoyment and encouraged social interaction. Looking ahead, there is much excitement as residents begin planning a garden project to welcome the spring season, with new plants, flowers, and decorative ideas to make our outdoor space more vibrant and beautiful. Sadly, we also experienced the loss of our dear resident JB this month, which has been deeply felt by both residents and staff; we extend our heartfelt condolences to her loved ones and continue to keep them in our thoughts and prayers. On a positive note, we are delighted to welcome our new Deputy Manager to the Fourways team and look forward to the valuable contribution he will bring to our home. Thank you, as always, for your continued trust and support — it remains our privilege to care for your loved ones and to provide a safe, warm, and nurturing environment for all.

Kind regards,  
Fourways Management